

Gotta Get On This Train



Choreographers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523
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Music: Special CD "Shall We Round Dance 5" available from choreographers

Footwork: Opposite, directions for man (lady as noted)

Suggested speed: 47-48 MPM

Rhythm & Phase: Quickstep VI

Sequence: **Intro A A B C A Inter B C End**

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Meas

INTRO

1-12 WAIT;; CIRCLE AROUND 4 w/ SNAPS to OP;; CHARLESTON PTS TWICE;;;
RK APT & ROLL ACROSS TWICE - RK AP & REC to BJO;;

- 1-2 Wait 2 meas in OP both fcg LOD M's L & W's R free;;
SSSS 3-4 **{Circle Around 4 w/ Snaps to OP}** Start circling around LF (W RF) fwd L, snap fingers, fwd R, snap fingers; Continue circling around LF (W RF) fwd L, snap fingers, fwd R snap fingers end OP both fcg LOD;
SSSS 5-6 **{Charleston Pts}** Fwd L, -, pt R fwd, -; Bk R, -, pt L bk, -;
SSSS 7-8 **{Charleston Pts}** Repeat Meas 5-6 of INTRO;;
SSS 9-12 **{Rk Apt & Roll Across}** Joining trailing hnds sd L twd COH, -, releasing jnd hnds rec R comm rolling RF (W LF) bhnd W, -; Sd L cont rolling RF to fc LOD, -,
SSS **{Rk Apt & Roll Across}** Joining lead hnds sd R twd WALL, -; Releasing jnd hnds rec L comm rolling LF (W RF) bhnd W, -, sd R cont rolling LF to fc LOD, -;
SS **{Rk Apt & Rec to BJO}** Joining trailing hnds sd L twd COH, -, rec R trng RF (W LF) to fc ptr assuming BJO M fcg DLW, -;

PART A

1-8 QTR TRN;; REV PIVOT & DBL REV SPIN;; CROSS CHASSE - FISHTAIL - SWAY HOP TWICE - FWD LK;;;

- SSQQS 1-2 **{Qtr Trn}** BJO M fcg DLW fwd L, -, fwd R outside ptr comm trng RF, -; Trng RF 1/8 to fc WALL sd L, trng RF 1/8 on L to fc DRW cl R, sd & bk L twd DLC, -;
S SS - 3-4 **{Rev Pivot & Dbl Rev Spin}** Bk R pivoting LF to fc LOD holding L fwd, -, fwd L comm trng LF, -;
(W S SSQQ) Cont trng LF sd R, -, spin LF on R to fc DLW, bring L under body beside L without wgt (W fwd L pivoting LF holding R bk, -, bk R comm trng LF, -; Trng LF on R-heel cl L, sd & bk R, XLIF) end CP M fcg DLW;
SQQS 5-8 **{Cross Chasse}** Fwd L, -, trng LF 1/4 on L sd R, cl L; Fwd R outside ptr w/ L-shoulder lead, -,
QQQQ **{Fishtail}** XLIB, trng RF on L sd & fwd R; Trng RF on R diag fwd L w/ L-shoulder lead, XRIB end BJO M fcg DLW,
Q-Q-QQ **{Sway Hop Twice & Fwd Lk}** Diag fwd L, hop on L lightly swaying L; Diag fwd R outside ptr, hop on R swaying R, fwd L, XRIB;

PART B

1-8 FWD PT; BK HITCH 3; FWD PT; BK HITCH 3; FWD MANUV SD CL - OPEN IMPETUS;;
SKIP CHASSE;

- SS 1 **{Fwd Pt}** BJO M fcg DLW fwd L, -, pt R fwd outside ptr, -;
QQS 2 **{Bk Hitch 3}** Bk R, cl L, fwd R outside ptr, -;
SS QQS 3-4 Repeat Meas 1-2 of Part-B;;
SSQQ 5-7 **{Fwd Manuv Sd Cl}** Fwd L, -, fwd R outside ptr trng RF, -; Cont trng RF sd L twd WALL, cl R end CP M fcg RLOD,
SSS **{Open Impetus}** Bk L comm trng RF, -; Cont trng RF on L-heel cl R, -, rising on toes & sd & fwd L twd LOD, - (W fwd R comm trng RF, -; Cont trng RF sd & fwd L around M, -, rising on L-toe brush R to L & sd & fwd R, -) end SCP fcg LOD;
S&Q&Q 8 **{Skip Chasse}** Thru R, -/lightly hop on R, fwd L/cl R, fwd L trng RF to fc ptr & WALL;

PART B (cont'd)**9-16 TRNG PENDULUM SLOW & QUICK TWICE;;; TRNG WOODPECKER; CHG PT CHG THRU; WALK FC; DBL LK;**

- SSQQS 9-10 **{Trng Pendulum Slow & Quick}** CP M fcg WALL cl R swinging L sd comm trng LF 1/4 gradually, -, cl L swinging R sd, -; CI R swinging L sd, cl L swinging R sd, cl R swinging L sd end CP M fcg LOD, -;
- SSQQS 11-12 **{Trng Pendulum Slow & Quick}** CI L swinging R sd comm trng LF 1/4 gradually, -, CI R swinging L sd, -; CI L swinging R sd, cl swingingt L sd, cl L swinging R sd end CP M fcg COH, -;
- QQQQ 13 **{Trng Woodpecker}** Lightly hop on L tapping R-toe on the floor comm trng LF, repeat 3 more times cont trng LF end CP M fcg WALL,;;
- &S&S 14 **{Chg Pt Chg Thru}** CI R/pt L sd twd LOD, -, cl L/thru R in SCP fcg LOD, -;
- SS 15 **{Walk Fc}** Fwd L, -, thru R slightly trng RF (W LF) assuming BJO M fcg DLW, -;
- QQQQ 16 **{Dbl Lk}** Fwd L, XRIB, fwd L, XRIB;

PART C**1-8 FWD MANUV SD CL - OVERTRN SPIN TRN;;; V-6 to SCP;; WING; CL TELEMARK & STOMP;;**

- SSQQ 1-3 **{Fwd Manuv Sd Cl}** BJO M fcg DLW fwd L, -, fwd R outside ptr trng RF, -; Cont trng RF sd L twd WALL, cl R end CP M fcg RLOD,
- SSS **{Overtrn Spin Trn}** Bk L comm trng RF, -; Cont trng RF on L fwd R twd LOD, -, cont trng RF on R rec L twd DLC, - (W fwd R comm trng RF, -; cont trng RF on R sd & fwd L around M, -, cont trng RF on L brus R to L & fwd R, -) end CP M fcg DRW;
- QQSSQQ 4-5 **{V-6 to SCP}** Bk R twd DLC w/ R-sd lead, XLIF, bk R, -; Bk L ptr outside, -, bk R trng LF, sd & fwd twd LOD leading W trn RF to SCP (W fwd L twd DLC w/ L-sd lead, XRIB, fwd L, -; Fwd R outside ptr, -, fwd L trng LF, sd & fwd R) end SCP fcg LOD;
- SQQ 6 **{Wing}** Fwd R, -, drawing L to R lead W step across body, tch L trng upper body LF (W fwd L beginning to cross IF of M, -, trng LF fwd R around M, cont trng LF fwd L outside ptr) end SCAR M fcg DLC;
- SSSS 7-8 **{Closed Telemark & Stomp}** Fwd L outside ptr comm trng LF, -, sd & fwd R around W cont trng LF, -; Sd & fwd L, -, cl R to L w/ stomp (W bk R comm trng LF, -, cont trng LF on R-heel close L, -, cont trng LF on L sd & bk R, -, cl L to R w/ stomp) end BJO M fcg DLW;

INTERLUDE**1-4 DIAMOND TRNS;;**

- SQQ 1 **{Diamond Trns}** BJO M fcg DLW fwd L trng LF 1/4 to fc DLC, -, sd R, bk L end M fcg DLC;
- SQQ 2 Bk R trng LF 1/4 to fc DRC, -, sd L, fwd R end M fcg DRC;
- SQQ 3 Fwd L trng LF 1/4 to fc DRW, -, sd R, bk L end M fcg DRW;
- SQQ 4 Bk R trng LF 1/4 to fc DLW, -, sd L, fwd R end M fcg DLW;

END**1-5 FWD MANUV SD CL - PIVOT to TANDEM W TRANS;;; WALK 2 HEEL TOOT-TOOT;;**

- SSQQ 1-3 **{Fwd Manuv Sd Cl}** BJO M fcg DLW fwd L, -, fwd R outside ptr trng RF, -; Cont trng RF sd L twd WALL, cl R end CP M fcg RLOD,
- SSS (W SSQQ) **{Pivot to Tandem W Trans}** Bk L comm trng RF, -; Cont trng RF fwd R twd LOD, -, leading W roll RF fwd L, - (W fwd R comm trng RF, -; Cont trng RF bk L, -, cont trng RF to fc LOD sd R, cl L) end Tandem Pos both fcg LOD M bhnd W; (now same footwork)
- SS Q--- 4-5 **{Walk 2 Heel Toot-Toot}** Placing R-hnd on W's R-shoulder fwd R, -, fwd L, -; Place R-heel fwd raising L-hnd, hold lower L-hnd twice to fit "toot-toot" sound, -, -;